

The Official News Letter of Indian Orthodontic Society



President's Message



Esteemed Members of the IOS Fraternity,

It was a wonderful month of May 2024, where many members of the Indian Orthodontic Society travelled to New Orleans, Louisiana, USA, to attend the annual convention of the American Association of Orthodontists. I had the opportunity to attend this meeting as the President of the Indian Orthodontic Society and also the events organized by the World Federation of Orthodontists. We have included a special report on the activities of IOS at the AAO Convention.

The month of May also marks a significant day for the World Orthodontic Community, as the 15th of May is celebrated worldwide as "World Orthodontic Health Day." This day commemorates the signing of the charter of the World Federation of Orthodontists by all constituent societies. The WFO celebrates this to promote the science of Orthodontics worldwide, with an emphasis on the role of orthodontists in creating Healthy Smiles through orthodontic therapy. The resplendent theme of this year's celebrations was "Changing Lives One Smile at a Time." IOS celebrated this day with a variety of activities held at dental colleges across the country, study groups, dental/oral health centres, and by life members in their private clinics. Diagnostic camps, awareness programs, educational activities, and public awareness campaigns were conducted nationwide by IOS.

The public awareness activities of IOS are leaving a positive impression and impact on the general public. Influencer videos, YouTube advertisements, and Facebook pop-ups have proven to be very useful in increasing the visibility of IOS. Soon, we will commence TV and Radio advertisements to reach a larger audience in our country. Additionally, we will launch a YouTube channel for IOS featuring short interview videos with our members. Our website, www.bracespecialists.com, will soon feature a robust search engine for "Find an Orthodontist."

In May, we hosted an excellent Aligner Masterclass by Dr. Angshuman Bhattacharya and Dr. ChintanWalia. The session emphasized to our members that relying on only one company is not necessary to achieve high-quality results in clinical practice.

The National Integrated Typodont Workshop, organized by ITS Dental College, Greater Noida, was conducted efficiently by Dr. Anshul Singla and her dynamic Organizing Team. The students greatly benefited from this thoughtfully curated event.

On 1st July, a grand "Nationwide Orthodontic Diagnostic Survey" will begin, aiming to engage on a nationwide scale as a societal outreach initiative, dedicated to data acquisition. This event is titled "Smiling Bharat - National Orthodontic Diagnostic Drive." I urge everyone to wholeheartedly participate in this initiative, shaping it into a memorable spectacle.

Jai Hind! Jai IOS!!

Warm regards,

Dr. Jayesh S. Rahalkar

President, Indian Orthodontic Society

Secretary's Message



Dear Members,

As we move forward into the month of May, I am delighted to highlight some significant events that have underscored our society's commitment to excellence and innovation in orthodontics.

The *IOTN event at the Army Dental Centre R&R in New Delhi* was a remarkable gathering of minds dedicated to advancing the standards of orthodontic treatment. This event provided a platform for our members to exchange knowledge and best practices, further enhancing our collective expertise.

Our President, along with several IOS members, had the privilege of attending the *AAO Annual Session*. Their participation not only represented our society on an international stage but also brought back valuable insights and advancements that will benefit our members and patients alike.

In Mangalore, the *IBO Awareness Program* was a tremendous success. This initiative aimed at spreading awareness and understanding of the Indian Board of Orthodontics, empowering our members with the knowledge to achieve certification and uphold the highest standards of practice.

Additionally, the *National Integrated Typhodont Workshop at ITS Dental College, Greater Noida*, offered a hands-on experience for participants, enhancing their skills and understanding of complex orthodontic procedures. This workshop exemplified our dedication to practical, skill-based learning and continuous professional development.

These events have not only showcased the dynamic and progressive nature of our society but have also strengthened our community, fostering a spirit of collaboration and shared learning.

As always, I extend my heartfelt gratitude to all the organizers, participants, and volunteers who made these events possible. Your dedication and hard work are the bedrock of our society's success.

Warm regards,

Dr Sanjay Labh

Hon. Secretary
Indian Orthodontic Society

Editor's Message



Dear Esteemed Members ,

Welcome to the inspiring May issue of our IOS Times ! This month has been a remarkable journey of learning, collaboration, and innovation in the field of orthodontics. We are excited to share the highlights of several pivotal events that underscore our commitment to excellence and continuous improvement.

We kicked off with the prestigious IOTN event held at the Army Dental Centre, where top professionals converged to discuss the intricacies of the Index of Orthodontic Treatment Need. This gathering not only enhanced our understanding of treatment standards but also fortified our collective mission to provide superior patient care.

In a momentous stride for our association, our esteemed President, Dr Jayesh S Rahalkar represented us at the American Association of Orthodontists (AAO) Annual Session. His presence at this global platform reinforced our international alliances and brought back cutting-edge insights and innovations, which will undoubtedly propel our practices to new heights.

The Indian Board of Orthodontics (IBO) Awareness Program in Mangalore was another significant milestone. This program was instrumental in educating and encouraging practitioners about the board certification process, emphasizing the importance of maintaining high standards in our profession. The enthusiasm and active participation of the attendees was truly inspiring.

Moreover, the National Integrated Typodont Workshop at ITS Dental College, Greater Noida, provided an unparalleled opportunity for hands-on learning. This workshop was a testament to our dedication to skill enhancement and staying abreast of the latest advancements in orthodontic techniques.

Each of these events reflects our unwavering commitment to advancing orthodontic care and fostering a community of excellence.

Thank you for your relentless pursuit of perfection and your steadfast support. Together, we are shaping the future of orthodontics.

Warm regards ,

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SMILING BHARAT

National Orthodontic Diagnostic Drive

Dear IOS Members

Indian Orthodontic Society (IOS) has planned a nation-wide survey *SMILING BHARAT National Orthodontic Diagnostic Drive*.

We all are in consensus with the facts that:

- Early screening of malocclusion is important due to its role in development of periodontitis, dental caries, TMJ disorders & trauma.
- In India, the prevalence of malocclusion among school-going children has been reported in the range of 12.5% to 33.3%.
- Though, malocclusion is the second most common dental disorder found in school children, there is inadequate preventive oral healthcare programs in place.
- Adverse implications of malocclusion emphasize its early diagnosis & prompt treatment.
- More than half of the population is unaware of the scope of orthodontic treatment, and thus, they do not seek any assistance.

With its theme “**SMILING BHARAT**”, the aim of this outreach activity is

1. To reach out maximum households through school children and young adults for diagnosis of malocclusion & associated health issues
2. To know their knowledge, awareness and perception about oral health particularly orthodontic health and its consequences
3. To create awareness about Orthodontics as specialization of Dentistry, and associated benefits.

How this programme will benefit us as orthodontists:

- The currently available data on incidence and prevalence of malocclusion in India is inadequate.
- Estimation of prevalence of malocclusion, at the National level, should replace the siloed approach of region wise and state wise approach.

- Awareness amongst masses help us to increase the patient inflow for specialized orthodontic treatment services
- The data would help in formulating guidelines and national health policies for awareness of Orthodontics in general public and inclusion of orthodontists in mainstream health care system for children.
- Dire necessity to align Oral healthcare with Govt. Health Policies such as Ayushman Bharat, ASHA Healthcare Programme, Government Child Healthcare Programmes, Central Government Health Scheme

The programme will be a Pan-India movement for collection of Orthodontic Health data and will include several phases starting with National Orthodontic Diagnostic Drive for School Children & Young adults on **1st July 2024**.

Organisational Structure of the IOS Mega Camp





I.O.S. at A.A.O.

The Annual Session of the
American Association of Orthodontists, 2024
(New Orleans, Louisiana, USA)

From the President's Pen...

The 2024 annual session of the A.A.O. was conducted from 3rd May to 6th May 2024 at the famous Jazz City of New Orleans in Louisiana, USA. This convention was conducted in one of the best convention centres across the world, the Ernest N. Memorial Convention Centre located very close to the Mississippi riverbank. The convention centre was equipped with wonderful facilities like huge presentation halls with many small rooms for discussions, large exhibit area for the display by the trade industry, state of the art audio-visual systems and conveniently located food areas.

Orthodontists from around the world exchanged scientific, clinical and business - related knowledge and ideas during this convention with rich learning opportunities. The diversity of content available in the lecture halls, at the supplier programs and via conversation with peers and exhibitors gave great insights into contemporary clinical practice, care of our patients and current trends in orthodontic education and research.

There was a big contingent from Indian Orthodontic Society which took part in the proceedings of the meeting. It was great to catch up with orthodontists who had completed their dental graduation and post-graduation in orthodontics from India and now settled in the United States / Canada / New Zealand / UAE / UK and other parts of the world. This shows how the Orthodontic Diaspora is spread all across the globe. It was very heartening to see many of them heading the departments, institutions and organisations in many countries.



As the President of Indian Orthodontic Society, I got an opportunity to attend the Presidents' Meeting of World Federation of Orthodontists where all the Presidents and principal office bearers of all the orthodontic organisations across the world met and had a fruitful communication. Dr. Shailesh Deshmukh, Past President of Indian Orthodontic Society accompanied me for this meeting. It was a very proud and joyful feeling to see our own IOS Member and fellow countryman, Dr. Nikhilesh Vaid, chairing this particular meeting as the President of World Federation of Orthodontics. Let's all take efforts to have more and more world leaders come out from our own country to lead the International organisations in our fraternity.

The Indian Orthodontic Society, in future, is planning to host an IOS Luncheon where the fraternity leaders from our country can intermingle with the world leaders for developing camaraderie and strong bonds for synergistic growth of our members on an international level. My meetings

with many international orthodontists revealed their interests in having long-term relations with Indian universities, institutions and also with I.O.S. for exchange and progress of knowledge.

For the orthodontic leadership, sharing one's journey of professional growth with so many outstanding orthodontists who are educators, researchers, clinicians and entrepreneurs, was a great delight. The 2024 Annual Session experience was a combination of joyful learning, New Orleans – style fun and a growing sense of renewal of ties internationally.

I personally feel that those who are aiming to take up leadership positions in the Indian Orthodontic Society should mandatorily become Fellows of the World

Federation of Orthodontists and must attend the international conventions / conferences at least once in three years to broaden their vision, thought process and approach. This will surely help our IOS to move forward with conviction and attain great repute globally.

Jai Hind! Jai IOS!

Dr. Jayesh S. Rahalkar

President

(Indian Orthodontic Society)







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BRAITHWAITE ORATION

DR. PUNEET BATRA

In honour of Dr. Fenton Braithwaite, the Indian Society of Cleft lip Palate & Craniofacial Anomalies (ISCLPCA) has invited Dr. Puneet Batra to deliver the prestigious Braithwaite Oration during the Indocleftcon, Mangalore on 19th of April 2024. Dr. Puneet Batra is presently the Principal, Professor and Director Postgraduate board of Studies, Manav Rachna Dental College, Faridabad.



The “Braithwaite Oration” (Indocleftcon – 2024, Mangalore)

The Indian Orthodontic Society is proud to celebrate the recent achievement of our President Elect Prof. (Dr.) Puneet Batra, Principal and Head, Department of Orthodontics and Dentofacial Orthopaedics, Manav Rachna Dental College, who delivered the prestigious “BRAITHWAITE ORATION” by Indian Society of Cleft Lip, Palate and Craniofacial Anomalies (ISCLPCA) at the Indocleftcon 2024, held in Mangalore from 17th March 2024 to 20th March 2024.

The prestigious "BRAITHWAITE ORATION" is named after a pioneering Senior Plastic Surgery Consultant at Newcastle (UK) Dr Fenton Braithwaite, renowned for his precise, innovative approach and compassionate patient care. Prof. (Dr.) Puneet Batra’s oration lecture was titled “My Trysts from Digits to Digital” explored his journey as a Cleft Orthodontist from using hand fabricated appliances to use of digital technology in Cleft care. He has recently contributed to a MOOC course on the role of digital technology in Cleft care which is available on the website of FDI. The oration culminated in a standing ovation from the audience and was an inspiration for the budding orthodontists of the country highlighted a “fire in the belly” to excel towards a passion for treatment of children born with cleft lip and palate and craniofacial anomalies. It wasn't just an oration; it was a captivating exploration of the past, present, and future of cleft lip and palate treatment.

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BEYOND ORTHODONTICS

DR. SHOBHA SUNDARESWARAN

Interviewed by:

Dr. Vijayta Yadav

The 'Then' Shobha...

Dr. Shobha Sundereswaran was born on 30th September, 1959 in a small village named Kottakkal in Kerala. She had a very eventful childhood and schooling. Her father, being in the Civil Services, would get transferred from one state to the other and the whole family used to tag along. She studied in seven schools spread out in Thiruvananthapuram, Chennai, Bombay, Nagpur, Kochi etc. and finally completed her Pre - Degree (the equivalent of plus two in those days) from St. Teresa's, Ernakulum. Being exposed to different people, cultures and languages, it was an enriching experience for her and helped her both professionally and personally.

Family comes first...

Her father, Mr. V.T. Sundareswaran was an officer of the Central Civil Services of India (I.A. & A.S.) and mother, Nandini, was a home maker. Whatever she is today, she owes it to her father. He was a man of the 'old school'—a strict disciplinarian. He taught her the importance of honesty, sincerity and hard work. Above all, he taught her to be humble and to respect all people irrespective of their positions. "Be considerate without being partial" – was his



dictum and she learnt that by watching him in his capacities as Accountant General of Maharashtra, Tamil Nadu etc. Her husband, Dr. S. Prasanna Kumar is a Dermatologist and the Managing Director of CUTIS Institute of Aesthetic Medicine and Surgery. Dr. Shobha has always been a homely child and her hobbies include music, travelling and reading.

Her 'Dental' Dynamism...

A chance encounter with Dr B.R.R. Varma, the then Professor and



Head of Periodontics at Government Dental College, Thiruvananthapuram, while studying in the 10th standard, created a great impression in her and she became keen to pursue Dentistry as a profession. Until then, she hadn't even heard about the existence of a BDS course. While doing her B.D.S at Government Dental College, Thiruvananthapuram (1977 -1982), Orthodontics was her favourite subject. By gaining the First rank for the first ever MDS Post graduate Entrance Examination in 1983, she was able to gain admission for MDS in her favourite subject – Orthodontics at Government Dental College, Thiruvananthapuram itself, which she completed in 1986. She is also a Diplomate of the Indian Board of Orthodontics.

After finishing her MDS in 1986, she joined the Kerala Medical Education Service and had the opportunity to work under stalwarts like Dr. C.T. Mathew, Dr. Harindarnathan and Dr. Jayaram. She was able to work as a Professor and Head of the Department of Orthodontics

at Kottayam, Thiruvananthapuram and Calicut Government Dental Colleges. Having had the opportunity to work in the Government sector, with a huge workload, she got exposed to all possible combinations of malocclusions and it also enlightened her regarding various treatment possibilities with limited resources. She was often faced with the poorest of the poor, where affordability was a matter of serious concern. After a total service of 38 years, she retired from Government Dental College, Calicut in 2022 and at present, she is working in KMCT Dental College, Calicut.

A good number of students, who were taught by her, have entered the teaching profession in the various specialities of dentistry in various states of India and outside the country. Many, who are into teaching of Orthodontics, have climbed their respective ladders, heading orthodontic departments and are doing fine in premier institutes like PGI and various institutes abroad. Travelling being one of her hobbies, she has had the opportunity to meet many of them during her sojourns. It is indeed heartening to observe the success of one's students and she feels proud of them.



Ideal & Idol...

There are many people whom she admires in this profession for various reasons. One such person is Dr. Sadashiva Shetty. She has always been impressed by his sincerity, hard work and dedication. In her opinion, an ideal teacher should have three qualifications – in depth knowledge, ability to teach and the willingness to do so. Shetty Sir is no doubt, a rare combination of all three.

Her Professor and guide, Dr. Kesava Bhat has also inspired her greatly by teaching her to think out of the box and helping her mature as a professional.

And the 'Award' goes to...

Receiving awards has always been an honour and a great humbling experience for Dr. Shobha.





She has received “Kerala University of Health Sciences - Best Teacher Award - 2019” from Hon. Governor of Kerala, Shri Arif Mohammed Khan, instituted by the Government of Kerala for outstanding teachers in the medical field.

She was honoured with “Distinguished Woman Orthodontist” which was conferred by the Indian Orthodontic Society.

She is also the recipient of a national award – “Dr. A.V. Arun Outstanding Professor Award” bestowed to eminent Professors of Orthodontics.

She had a great moment when she was conferred with the prestigious “Lifetime Achievement Award” by Indian Dental Association- Kerala Branch in the year 2022.

She is the recipient of “WIMA (Women’s Indian Medical Association) Award for the year 2024.

She is also very happy to share that from this year onwards, Kerala University of Health Sciences has instituted an Award in her name - “KUHS – Dr. Shobha Sundareswaran Academic Excellence in Orthodontics Award” which is to be given to the first rank holder in Final MDS Orthodontics examination conducted by the University every year.

She has acted in three short films and won the Best Actress Award – 2007 for the short film “Karshakan – The Farmer” and it was telecasted on Kairali TV. She is also an esteemed member of many music groups and a regular singer in various programs. She has also won numerous awards as a Best Singer. At present, she has a troupe of her own named “Rewind and Revive”.

The ‘Achievements’ Galore...

Her biggest achievement, she would say, are the beautiful smiles which she helped to create in umpteen numbers of patients from the less privileged sections of society who had absolutely no means of affording the “expensive” and “non-emergency” orthodontic procedures. She is deeply indebted to the Kerala Government Medical & Dental Education Services, through which she was able to utilize her knowledge and skills towards this purpose while working in the Government Dental Colleges at Calicut, Thiruvananthapuram and Kottayam for thirty eight years.

She has numerous international; PubMed indexed publications and contributed a chapter to the textbook “An Introduction to Research Methodology – KUHS”. “The Handbook of Preclinical Orthodontics” is edited by her. She has also introduced a new Index for facial

aesthetic assessment called the Facial Aesthetic Index, published in journal of Orthodontic Science. A new method of measuring and assessing Sella bridges was proposed, validated and published by her in the Cleft Palate Craniofacial Journal. She has also contributed towards development of a new CBCT tool for prognostic evaluation of impacted maxillary canines, which was recently published in Journal of Orthodontics.

She is also a peer reviewer for European Journal of Orthodontics, Iranian Orthodontic Journal and Cleft Palate-Craniofacial Journal.

She has served as a member of UG and PG Boards for six years and was member of Academic Council of Kerala Medical University - KUHS for four years.

The ‘IOS’ Stint...

She has always attended almost every national conference, presented papers and also at the post graduate conventions. However, she had never been inclined to join the governing body as executive member. She has been serving as Section Editor for Journal of Indian Orthodontic Society for so many years now.



Words of Wisdom...

One should be truly professional and follow the rules, set the limits, take responsibility for one's actions, be genuine and sincere, learn to manage time, set the goals and prioritize all of them. One should be able to work unsupervised and behave with integrity at all times, whatever be the consequences. This is the hallmark of a true professional.

Always follow the basics but one should keep himself/herself updated as science is constantly evolving. It is not possible to know everything— so one should never pretend. “The more a person pretends, the more naked he becomes”—so goes the saying.

One should remain grounded and shouldn't be carried away by achievements, fame and adulations. Always take success and failure with the same equanimity. Courtesy and humility are always respected. Determination is the key element for success. Once decided upon something, one should never give up.

Your happiness lies in your hands. Nobody can make you feel bad or unhappy unless you allow yourself to feel so. Remember—life is not going to be a bed of roses. Every time life deals you a blow, ARISE—my dear young friends; that should be your attitude and motto in life.

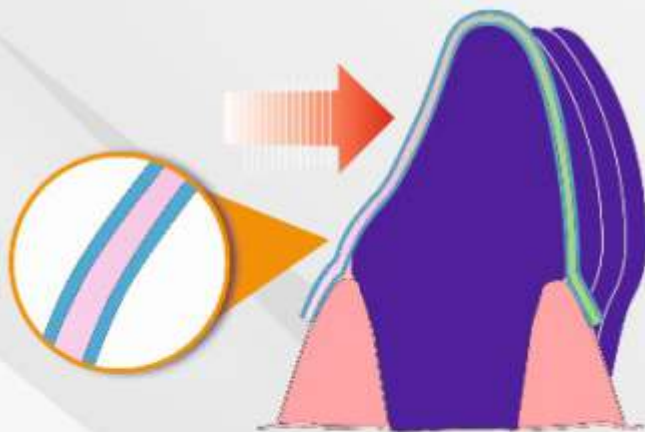
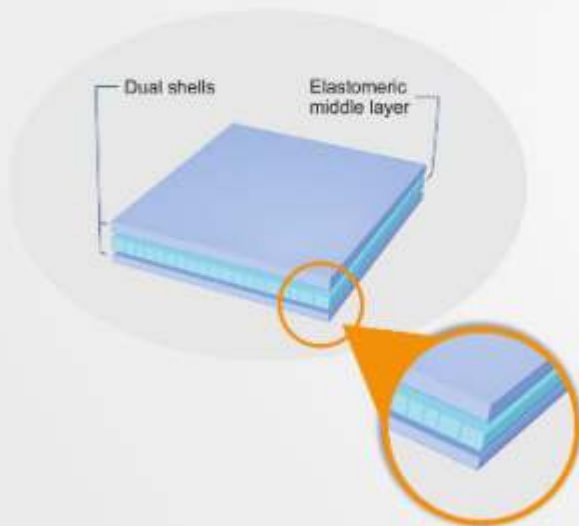




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Armed Forces Orthodontic Study Group & Indian Orthodontic Society

Continuing Dental Education [CDE] Programme

Interdisciplinary Orthodontics for Treatment Needs (IOTN) - 2024



Venue: Army Dental Centre (Research & Referral), Delhi 110 010
03 - 04 May 2024

Interdisciplinary Orthodontics for Treatment Needs (IOTN)

(Hosted By: Army Dental Centre R & R, New Delhi)

Armed Forces Orthodontic Society Group (AFOSG) in association with the Army Dental Centre Research and Referral, (ADC R&R) Delhi, conducted a two day Continuing Dental Education (CDE) Programme - "Interdisciplinary Orthodontics for Treatment Needs (IOTN) – 2024" from 03 - 04 May, 2024.

The conference was inaugurated by the chief guest, Lt. Gen Vineet Sharma, VSM, Director General Dental Services and Colonel Commandant, Army Dental Corps and the senior most orthodontist of the Armed Forces. In his inaugural address, Gen. Vineet Sharma lauded the efforts of Indian Orthodontic Society (IOS) in disseminating and popularizing the specialty and its practice in the country. He also highlighted the need for determining the prevalence of dentofacial deformities and malocclusion in India and the means to address it. The welcome address was given by Brig. S.S. Chopra, Commandant, Army Dental Centre (Research & Referral) and Chairman, Organizing Committee - IOTN 2024, a senior Professor & Head of Department of Orthodontics & Dentofacial Orthopedics at ADC R&R. He stressed upon the need for coming together of

different specialties for rendering the best clinical care to the patients. He informed the house how the CDE was carefully designed, incorporating all aspects of surgical orthodontics, for the benefit of postgraduates and clinicians, with seven sessions and seventeen presentations by experts. He also shared the momentous occasion of Silver Jubilee of the Centre on 01 May 2024.

The inaugural function was graced by Dr. Sanjay Labh, Hony. Secretary IOS, senior faculty members of dental colleges of Delhi NCR, commanding officers and senior officers of various dental units of the Armed Forces at Delhi. Over 140 delegates; postgraduates, faculty, clinicians attended the CDE. The galaxy of speakers and chairpersons included senior professors from dental colleges in the National Capital Region (NCR) and senior specialists from the disciplines of Orthodontics, Oral and Maxillofacial Surgery, Prosthodontics and Periodontics, from the Armed Forces. The event



done in hybrid mode at Maj Gen Kartar Singh auditorium, ADC (R&R), Delhi had Orthodontists and Oral surgeons from the Armed Forces; all over the country, joining the sessions on line.

On behalf of IOS, Dr Sanjay Labh, Hony. Secretary IOS felicitated Lt Gen Vineet Sharma, VSM on his being appointed as Director General Dental Services, only the second orthodontist to have been appointed to head the Dental Services of the Indian Armed Forces and the only serving Lieutenant General in the world who is a dental surgeon/orthodontist.

The CDE sessions started with the key note address of Dr. Sanjay Labh. His talk: Camouflage vs Orthognathic Surgery, gave the interdisciplinary CDE a befitting start. His case presentations with novel protocols and recently introduced armamentarium gave a new insight for Ortho surgical challenges. Dr Rajiv B, Assoc. Prof, AIIMS, New Delhi presented on orthodontic appliance considerations: pre-surgical, splints, post-surgical. The session was chaired by Prof. Ritu Duggal, Prof and Head in Orthodontics from AIIMS, Delhi.





The second session had presentations by two senior oral and maxillofacial surgeons; Dr. Rakesh Sharma, Prof & HOD, Dental & Oral Maxillofacial Surgery, Lady Hardinge Medical College and SK Hospital, Delhi and Dr. Zainab Chaudhary, Senior Prof - Dept. of Oral and Maxillofacial Surgery, Maulana Azad Institute of Dental Sciences. They presented on maxillary - mandibular – dento-alveolar surgeries, patient management, post op care and combined vertical, AP and transverse problems in orthognathic surgery, respectively. The session was chaired by Brig. Priya Jeyaraj, Commandant, Armed Forces Dental Clinic (AFDC), Delhi & a senior maxillofacial surgeon. The session saw intense discussions among the delegates on different manifests of orthognathic surgery.

The third session had two outstanding Professors; Dr. Pradeep Raghav, Prof & HOD, Dept. of Orthodontics, Subharti Dental College and Hospital, Meerut and Dr. Gurkeerat Singh, Prof & HOD, Sudha Rustagi College of Dental Sciences and Research, Faridabad. Dr Pradeep made an illustrious presentation on the diagnosis and treatment planning of orthognathic surgery using digital workflow / AI in Ortho surgical, which generated excitement and enthusiasm among the delegates. Dr Gurkeerat beautifully demonstrated the synergy of orthodontics and prosthodontics for esthetic and functional outcomes in malocclusions. Dr. Sunanda Roy



Choudhury, Principal, Shree Bankey Bihari Dental College Prof & HOD, Department of Orthodontics & Dentofacial Orthopedics Ghaziabad, facilitated a fruitful discussion amongst the delegates.

Post lunch session, Brig I.D. Roy, senior oral and maxillofacial surgeon & Deputy Commandant at Command Military Dental Centre, Central Command, Lucknow, joined online from Lucknow and gave a comprehensive presentation on distraction osteogenesis. The in-depth evaluation was highly informative for the delegates. This was followed by a surgical appraisal of asymmetry by Dr. Sujata Mohanty, Prof (SAG) & Head, Dept. of Oral and Maxillofacial Surgery, Maulana Azad Institute, Delhi. She described the various surgical options in correcting dentofacial asymmetry. The third presentation in the last session of the day was by a commercial firm on Ortho surgical planning. Demonstration of Stereolithography and 3D printing in orthognathic surgery was very beneficial for the delegates. Col Vishal Gupta, senior specialist in Oral and Maxillofacial Surgery, ADC (R&R), Delhi chaired the session.

Second day started with session fifth. The first speaker was Dr. Sanjeev Verma, Associate Prof, from Unit of Orthodontics, Oral Health Sciences Centre, PGIMER, Chandigarh. He spoke about the Ortho surgical



aspects in cleft lip palate. Dr Priyank Rai, Prof and Head, Dept. of Orthodontics and Dentofacial Orthopedics, Maulana Azad Dental College then explained about 'surgery first approach' for different clinical situations. Dr. Puneet Batra Principal, Prof and Head, Dept. of Orthodontics, Manav Rachna Dental College (Faridabad) was the third speaker in this session, deliberating on Skeletal Anchorage Systems (SAS). The IOS President Elect captivated the audience with the opportunities of these recently introduced systems.

Dr Priyanka Kapoor, Professor and Incharge, Orthodontics, Faculty of Dentistry, Jamia Milia Islamia, Delhi chaired these three lectures, which elicited good discussions.

Session six also had three speakers – Dr. Payal Sharma, Prof and Head, Dept. of Orthodontics, ITS Dental College (Muradnagar, Ghaziabad) presented on guided eruptions. Col. Manu Krishnan, Senior Specialist and Assoc. Prof from the Dept. of Orthodontics and Dentofacial Orthopedics, ADC R&R, Delhi then presented on Asymmetry: Diagnosis and Ortho Surgical Solutions. This was followed by an on-line session by Lt. Col. Abhijeet Kadu, Orthodontist from Military Dental Centre (Panagarh), who presented on the



functional perspectives in orthognathic surgery: psychology, airway and stability. Dr. G.S. Chhatwal, Staff Surgeon from ABVIMS and Dr. R.M.L. Hospital, Delhi chaired these three talks.

Session seven was the last, which had two speakers from Army Dental Corps. Col. T. Prashanth, senior specialist from Dept. of Periodontology, ADC R&R, Delhi, presented on Ortho - Perio - Endo Solutions. Col. Virender Singh Legha, from Dept. of Prosthodontics, ADC R&R, Delhi spoke about Ortho - Prosth Interface. These 2 interdisciplinary lectures were chaired by Brig Sreehari AK, senior periodontist from the AD Corps. The e - poster competition had over thirty entries from the residents of orthodontics from different colleges of NCR showing their interdisciplinary works. The following residents received first three prizes: Dr. Kaviarasu from PGI Rohtak, Maj. Amit Antil from AFMC Pune and Dr. Hansika Tatreja from ITS Dental College, Greater Noida.

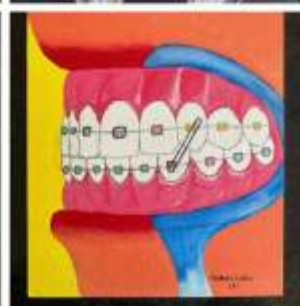
The CDE also had participation of trade firms with stalls showcasing state of art equipment, new materials, products and digital solutions in orthodontics and oral surgery.

Overall, the CDE programme "IOTN-24" had brainstorming interactions amongst the post graduate residents, faculties and clinicians. Delegates expressed their happiness and satisfaction on the quality of presentations and scientific content of discussions. A feedback form from the organizing committee sought the opinion of delegates on the conduct of the conference.

CDE programme "IOTN -24" came to an end with the prize distributions and valedictory functions. Col Manu Krishnan, Assoc. Prof, ADC R&R and organizing secretary, delivered the vote of thanks on behalf of the Organizing Committee.

World Orthodontic Health Day Celebrations

Adhiparasakthi Dental College, Kanchipuram



Assam Rifles



Institute of Dental Sciences, Bhubaneswar



Sardar Patel Post Graduate Institute of Dental and Medical Sciences



Chandra Dental College



Babu Banarsi Das College of Dental Sciences



K.G.M.U. (Lucknow)





DR. SARABJEET SINGH

The Chandigarh's Charmer!



Interviewed by:
Dr. Santosh Ramegowda
@ Baku, Azerbaijan

1) Tell us about your schooling and childhood?

I was born in Dehradun on 14th April in 1971. I did my schooling from the famous St. Joseph's academy, Dehradun and completed my ISC in the year 1988. I joined Dentistry at the prestigious King Georges Medical College and was fortunate to receive the Dr. H.D. Gupta Memorial Gold Medal and Cash Prize of Rs. 10,000/- for obtaining highest percentage of marks in aggregate for all the four Professional BDS examinations in 1994. I have also received multiple gold and Silver medals, book prizes and certificates of honors in most of dental subjects and BDS professional examinations.

After topping in most of the national level PG entrance examinations, I joined the post-graduation programme in the subject of Orthodontics at PGIMER, Chandigarh and passed the course with flying colors and received a medal for the same. After doing senior residency at PGIMER,

I joined National Dental College, Derabassi in 1999 and worked there as a Professor and Head of Department for a period of 10 years till Dec 2010. I established the post graduate department of Orthodontics and worked as Professor, Head of Department and Dean, student welfare at Bhojia Dental College, Baddi till 2016.



2) Why did you opt for Dentistry?

After doing my 12th from Dehradun, I opted for dentistry despite getting MBBS as well as Engineering at multiple places across India as I was able to crack all major entrances. My elder brother who was pursuing medicine from AFMC guided me to opt for dentistry and I always thank him for that and I truly believe that it was my wisest decision. Fortunately, I got the opportunity to study in a good undergraduate college, KGMC, Lucknow, which was considered mecca of Orthodontics, so naturally I got interested in pursuing post-graduation in Orthodontics. I feel very proud of my decision to join PGIMER under my respected teacher, mentor and guide Dr. Ashok Utreja Sir, who not only made me a good clinician but also a humble human being.



tough times post covid era as new dental patients were very less.

3) What are your work experiences?

I have been practicing at The Perfect Smile Dental Clinic, Chandigarh since 1999 and will be completing 25 years of glorious, ethical and fair dental practice, where we have been providing highest quality of dental treatment with the latest technology.

I have been Ex Vice President of Indian Orthodontic Society, Dr. P. P. Jacob's award winner and "National Dental excellence award winner for the year 2014, 2015, 2016 and 2018. I have been nominated for Punjab Ratna award and have had a vast multidimensional experience. I have been a profile



speaker at both national and

international dental and Orthodontic conferences and workshops. I have served as the chief Indian doctor of the China-India Joint Medical Mission III in China in 2012 where I represented India at Beijing. I have directed various courses and lectured all over the nation and internationally. I have published more than 60 national and international publications and have also authored 8 books related to Orthodontics.



4) What contributions have you made towards the IOS?

I have been Vice President of Indian Orthodontic Society along with



Executive committee member of IOS multiple times and the chief Convenor of Chandigarh Orthodontic study circle. I have been invited guest speaker, course coordinator, moderator and chairperson at most of the IOS national conferences and PG conventions since last 25 years. I have been chairman/co-chairman and member of various committees under IOS and IDA. I was also organizing chairman of 19th Indian Orthodontic Society MYC at Vietnam in 2023. During my Vice President tenure of IOS, I was actively involved in planning of patient awareness programs, Smile Rally, Orthodontic awareness posters and other specialty related programs. I have published more than 300 articles related to general dental and orthodontic awareness in local and national daily newspapers. I have appeared multiple times in interviews in TV and social media channels regarding the same. Being the convenor of COSG, we have organized multiple lectures, surgical, cleft and Typhodont workshops, national PG Orientation programs and other

public awareness programs in our area. We were successful in creating strong awareness against DIY aligners by series of programs in our area. I have been a key note speaker for Ormco across India and talked about the technique SPEEDO ORTHODONTICS in which we use low intensity Lasers along with self-ligation braces to make the orthodontic treatment faster, comfortable and painless.

5) Tell us about your family life!

My wife Dr. Navreet Sandhu is a Prosthodontist and implantologist; she is the first batch of Buddha Dental College, Patna. She has also been active in clinical practice as well academics and was Professor of Prosthodontics at Bhojia Dental College, Baddi. My elder son Raunak Singh has just completed his BDS from DAV Dental College, Yamunanagar and my younger son Karan Singh Sandhu is doing MBBS from Govt. Medical College and Hospital, Chandigarh.

6) What is your secret for a successful practice and your mantra for life?



a) Believe in yourself and all that you are. This success mantra emphasizes the importance of self-belief and confidence in overcoming challenges and achieving your goals. I started my dental practice 25 years back with a small rented clinic and took a bank loan for the same. Gradually, with dedication, honesty and hard work, we have achieved name, fame and money. Today we have our own practice, treat patients from across the globe and fortunate to treat most of our city doctors.

b) Success is the sum of small efforts repeated day in and day out. Consistency and dedication are keys to achieving success. Keep working towards your goals, even when progress seems slow. Always be truthful to patients and have the strength to say NO to patients if the proposed treatment is not possible. Embrace calculated risks and step outside of your comfort zone to reach your full potential.

c) Be proactive in creating the opportunities you desire, instead



of waiting for them to come your way. Keep updating yourself by lecturing and attending conferences as this can lead to personal growth and open doors to new possibilities. Keep upgrading your clinic with latest technology. Believe me; patients will always appreciate your efforts. Keep setting new goals and pursuing your dreams, regardless of your stage in life. Keep learning to foster growth and continuous improvement. Your patients will always appreciate your latest upgradation.

d)“The only way to do great work is to love what you do.” Pursue your passions and strive to make a career out of what you truly love. Find joy in your work and success will naturally follow. Embrace setbacks and failures as valuable learning experiences that contribute to your overall success.

e). Develop healthy habits and routines that support your success journey and practice them consistently. Do yoga and other basic exercises to strengthen your back, neck and recommend that for your staff also.

f) Always give back to the society and to the people who are not as privileged as us. I have been actively involved in social activities like providing free dental treatment for children of blind school and donating blankets and food to people living in homeless shelters. These activities help you to stay grounded and to build a connection with unprivileged sections of society



7) Who is your ideal teacher?

All teachers have always been special in my life, they have contributed in my life to become good clinician and human being. Dr. Ashok Utreja, my guide and mentor at PGIMER have not only given me excellent knowledge about the subject, discipline but also excellent communication and organization skills. Dr. S.P. Singh, present HOD of orthodontics, PGI Chandigarh, has also played a pivotal role in my journey as an Orthodontist.

Some of my teachers who have left an impact in my life are Dr. OP Karbanda sir, Dr. Pradeep Tandon sir, Dr. Aseem Tikku sir and many other teachers who have guided me in my journey. Another teacher whom I really miss is Dr. Anil Chandra sir whom we unfortunately lost during covid times. He gave me the drive to work hard, never lose hope and taught me excellent clinical skills. He used to teach us holding our hands. We will always miss you sir.

I have a very high regard for Dr. Gautam Munjal, who does a very ethical and dedicated Orthodontic practice in my city and we have a chance to learn so much from him.

8) Your favorite pastime?

Making friends, Googling, watching TV and cooking, indeed during covid times, we all did multitasking .I love cooking for friends and family. I wait eagerly for my friends across the world to visit me.



8) Your advice to budding Orthodontists

Always feel proud to be an Orthodontist. After passing out, there might be some tough times ahead. I also have faced several challenges on my way here but each of them has only strengthened me to make me the person I am today.

Because of increased use of DIY aligners and with increase in general practitioners using aligners, initially you might have less patients in your own practice or visiting practices. However, in a few years the scenario will change, as seen across the globe, i.e. with rise in the number of retreatment of relapse cases, the orthodontist practices will flourish back.

I would like to conclude by sharing some points:

Learning is a lifetime process (attend lectures and conferences, this also gives the patient more confidence in you)

Give special considerations to senior citizens, Defense personnel and patients with special needs.

Say a BIG NO, at times to patients demanding irrational treatment modalities (GOOGLED) and always be truthful to your patients.





NATIONAL INTEGRATED TYPODONT WORKSHOP

Host:
Department of Orthodontics,
I.T.S Dental College (Greater Noida)

A three day National Integrated Typodont workshop was organized by the Department of Orthodontics and Dentofacial Orthopaedics under the aegis of Indian Orthodontic Society from 29th - 31st May 2024. Organising committee consisted of Dr Anshul Singla, Organising Chairperson; Dr Amrita Puri, Organising Secretary; Dr Rajeshwar Singh, Treasurer; Dr Shruti Sharma, Scientific Convenor; Dr Mathew Koshy Vaidyan and Dr Keerti Kaushik, Registration incharge.

A total of 129 participants from different colleges from all over India enrolled in the workshop which included lectures from eminent speakers followed by hands on practice of the topics.

The objective of the workshop was skill enhancement along with integration of knowledge with special emphasis on networking, innovation and review of the Orthodontic literature.

Day 1 unfolded with a series of illuminating lectures on the philosophies of Standard Edgewise and Tweed Merrifield Edgewise. Esteemed keynote speakers, including Dr. Maninder Singh Sidhu and Dr. Neal Bharat Kedia, graced the event with their profound insights. The morning sessions seamlessly transitioned into





Esteemed speakers such as Dr. Vinay Chugh, Dr. Varun Goyal, and Dr. Harpreet provided their specialized insights.

Morning sessions were enriched with in-depth demonstrations of biomechanical principles and

intricate demonstrations of 1st order, 2nd order, and 3rd order bends, coupled with hands-on artistic wire bending exercises designed for impeccable finishing and detailing.

The official inauguration of the program was a grand affair, presided over by Dr. Jayesh S. Rahalkar, President of the Indian Orthodontic Society, and Dr. Sanjay Labh, the Honorary Secretary. In a ceremonial gesture, Dr. Rahalkar was adorned with the IOS office jewel. All organizing committee members, led by Dr. Anshul Singla, were honoured by IOS with accolades and tokens of appreciation. A highlight of this grand ceremony was the unveiling of a meticulously compiled souvenir by the President and Honorary Secretary of IOS.

Following a sumptuous lunch, the afternoon sessions commenced with a compelling lecture by



refined wire bending techniques. Attendees engaged in practical exercises, honing their skills in precise wire manipulation of T loop and tear drop loop and intricate appliance adjustments.

Next session of Day 2 was entirely devoted to the advanced methodologies of functional appliances. The day's agenda included an in-depth exploration of face bow transfer techniques by Dr Tulika Tripathi , centric bite analysis by Dr Priyank Rai , and the intricacies of construction bite for functional appliance by Dr Shridhar Kannan.



Post-lunch sessions maintained a high educational tempo, beginning with Dr. Payal Sharma's and Dr Poonam Sharma's insightful lecture on Begg technique. This was succeeded by detailed explorations of the arch wire fabrication and auxiliaries which can be used in PEA

Concluding the day's rigorous schedule, Dr Puneet Batra Dr. Neha Khanna led a session on cleft orthodontics and superior patient care.

Dr. Rahalkar on Preadjusted Edgewise Mechanics. The intellectual journey continued with in-depth explorations of Roth philosophy and MBT philosophy. Dr. Jayesh Rahalkar then led an engaging hands-on session on the double keyhole loop. The day concluded with Dr. Achint Juneja's detailed exposition and training on bracket positioning, drawing the curtain on an intense and enriching 10-hour academic marathon on the first day.

Thus, Day 2 wrapped up another dynamic and intellectually stimulating 10-hour marathon, leaving participants eager for the next day's learning opportunities.

Day 2 dawned with a fresh wave of intellectual vigor, featuring a series of comprehensive lectures on the biomechanics of Segmented Arch mechanics and cutting-edge techniques of loop mechanics.







IBO AWARENESS PROGRAM A NATIONAL SYMPOSIUM

(Host: Department of Orthodontics,
A.B. Shetty Dental College & Mangalore Orthodontic Study Group)

Indian Board of Orthodontics (IBO), in association with Mangalore Orthodontic Study Group (MOSG), organised a single day "IBO AWARENESS PROGRAMME 2024" at A. B. Shetty Memorial Institute Of Dental Sciences, Mangalore on 24th May, 2024. President IOS, Prof. Jayesh S. Rahalkar was the chief guest. Hony. Secretary IOS, Dr. Sanjay Labh and IBO Chairman, Prof. Dr. Rajaganesh were the guests of honour.

The national symposium was addressed by Prof. Rajaganesh, Prof. Salil Nene (Vice Chairman IBO), Prof. Mala Ram Manohar (Secretary & Treasurer – IBO), Prof. Ajit Kalia (Senior Director IBO), Prof. Kiran Kumar H C (Director IBO) and Prof. Dr. Rohan Mascarenhas.

Prof. Dr. U.S. Krishna Nayak was the Organising Chairperson and Prof. Dr. M. S. Ravi, H.O.D. – Dept. of Orthodontics of the host college was the Organising Secretary. Prof. Ashith. M. V. (Chief Convener, MOSG) was the Joint Secretary of the event. More than 130 delegates from various dental colleges attended this very useful and motivating symposium.







Orthodontist Couple amongst Us (Dr. Aseem Sharma & Dr. Tanushree Sharma)



Dr. Aseem Sharma is an Associate Professor at the Department of Orthodontics, H.I.D.S. (Paonta sahib) and a private practitioner and consultant Orthodontist.

Dr. Tanushree Sharma is too an Orthodontist and a senior resident in the Department of Dentistry at G.M.C., Kathua (J&K)

1. Kindly tell something about your childhood and schooling.

Aseem Sharma - I have completed my education at Army School

Janglot, and just like other kids, I had an open, carefree, and educational childhood. I've been an all-rounder and good learner.

Tanushree Sharma - I have done my schooling from Kendriya Vidyalaya, Jyotipuram. In addition to my academics, I was active in speeches, acts, poetry and anchoring. I am a national level chess player. I was quite popular in my school.

2. How did both of you chose dentistry and then orthodontics?

Aseem - Since my father is a physician, I have always had a fascination with medicine. I took a medical exam and was given a dental seat. I became more interested in dentistry after I understood it. During my dental internship, I began to develop an interest in orthodontics. My interest in orthodontics piqued when I witnessed someone else comfortably finishing the procedure with a stunning smile.

Tanushree - I was also given a dental seat and given admission. Due of my aesthetic inclination, orthodontics was always a favourite field. I was very skilled at wire bending, which gave me even more motivation and reinforced me to pursue Orthodontics.

3. Where did you both meet at first?

Aseem - It was an arranged marriage. She was at home when I met her. My dad, mom and I visited her home. Since we were both orthodontists, we could converse about something. Maybe that's the reason, our minds clicked right away

Tanushree Yes, our alliance was set up. That was pretty dramatic when I first met him at my place in front of both of our parents. But yes, our interests matched, and after our first meeting, I knew he was the one for me since, as an orthodontist, he would be able to relate to my responsibilities and work schedule.

4. How do you both take it - Husband and wife in the same profession?

Aseem -When we initially met, we knew we were in the same field because we were both orthodontists at that point of time and were practicing. We believed that having similar occupations would facilitate communication and understanding between us. as I found it challenging to juggle my clinic and consultation. She arrived and handled my workload, allowing me to conduct consultations without stress or concern for the clinic. Additionally, since she is employed, she does not have a workload related to consultations.

Tanushree - There is a common belief that, in order to run a successful clinic, a dentist should marry another dentist who has a different speciality. But really, I believe that in our situation, we are content that we are both orthodontists because it makes managing the clinic, consultations, and my work easier. We have no trouble keeping up with our workload, conducting our research, and scheduling one another's appointments. The patient benefits from having two orthodontists' minds in single payment. Also it's beneficial for the patient having two expertise views for the treatment planning.



5. Who among you both is: an avid academician & a prolific practitioner?

Aseem - I am more interested in practice.

My partner is more interested in academics. She's intrigued by research as well.

Tanushree - Indeed. I like to focus more on academics and research. I mean, my two-year-old baby boy is mine right now. He's my top priority right now. So, I feel more at ease at my work and in the clinic than I do in consultations. But I really enjoy practicing and working.

6. Do you feel there is a difference of opinion amongst both of you whenever it comes to orthodontics in particular?

Aseem - Yes, without a doubt. Since there are various schools of thought in orthodontic concepts, it's clear that we also have our own opinions and attitudes, yet these differences always lead to successful outcomes in the end. Prior to beginning of the treatment, we weigh the benefits and drawbacks of every necessary step and reach a decision that is in the patient's best interests.

Tanushree -Aseem's ability to consistently listen to my comments and point of view is his strongest quality. Indeed, we hold differing opinions, but we never dispute about a patient's





care. In cases where my patient is involved, he never intervenes without my request for suggestions, and the same is true for me. It's our policy not to talk about orthodontics or dentistry once we're inside the house. I believe that one of the best things about working in the same field is that we can offer our all for the patient, and their lovely smile serves as our reward.

7. How does your family cope up with your busy schedule while practice?

Aseem - My family is a joint family. Even though everyone is busy with work and other commitments, we make time to share our days and thoughts with one other over at least one meal. My wife and I always spend the evenings with our son, as well as on special occasions we make sure to be together. There is a saying "Happy wife, Happy life" so I follow that

Tanushree -The job, clinic, patients, and consultations are all quite demanding. However, we still make time to spend with our son and our family. Since I am the only kid, he always makes an effort to be there for my parents on important occasions. He takes care to occasionally take us on both short and lengthy outings. He truly is the ideal family man.

8. Any words of wisdom for the other couples who are in the same field of Orthodontics?

Aseem -Remain up to date about latest advancements in the field; be sincere in performing your duties whether in private or government sector. Being Orthodontic couple it's very much helpful in discussing the treatment plan of orthodontic patients, Last year I was having hairline fracture at my right hand thumb and I was not able to do my patients my wife did all my Orthodontics and general dentistry patients for four months both in clinic as well as consultation, which was a great help .This is possible when the couple converses between them about the patients.

Tanushree - Don't get me wrong, this marriage is made up of two very flawed people. Over the years, we have had little panics and big crisis, directly proportional to the amount of stress, fatigue. But we have had great help to pull through every time. The best way to deal with all is to have mutual love and respect and be a good communicator. Never mix your personal and professional life and you will be good to go.



9. Words of wisdom in general for all the budding orthodontists (by both of you).

Aseem - It's better to have communications among the members of IOS, Time to time meetings among the members can be very fruitful, Last year we organized J &K first Orthodontic National Symposium which was a great success; speakers and delegates from each part of country came and attended it thoroughly. It proved to be a great success. Participation in such National events leads a way to continuous growth of our field.

Tanushree - I believe I have the best field and best subject to deal with. Orthodontics is an amazing stream and the more you learn it, the more you will be in love with it. If anyone wants to do practice, always stick to evidence based practice and if you want to be in research there is a lot of opportunities. Devote your time and energy to the subject. It's ok if things are not going as planned. Learning is never done without errors. Be in touch with cases, advancements and stay updated. Creating beautiful smiles is the best and most satisfying job in the world.

NATIONAL STUDENT EXCHANGE PROGRAMME (PART – III)



The faculty and students of the Department of Orthodontics and Dentofacial Orthopaedics, Sri Ramchandra Dental College and Hospital, Chennai were happy to host the postgraduate Orthodontic students and Dr. Udayan, Senior Lecturer from Vinayaka Mission Dental College, Salem between 22nd and

25th of April, 2024 under the aegis of the student exchange programme of the Indian Orthodontic Society. The students attended two journal club discussions, case discussions by Prof. Dr. Vignesh Kailasam and Prof. Dr. Sridevi Padmanbhan. They observed the cleft and PG clinic cases on all four days and also attended four lectures delivered by the department faculties.



IOS LAURELS

Dr. Matrishva B. Vyas

Dr. Vyas recently won the prestigious International Photography Award in Botswana, Africa. His image titled "Rain Star Galaxy" was adjudged the best one and he received First prize in Professional Category of "Pangolin Pro Challenge 2023".

This is an international photography competition for professional photographers across the world. He regularly conducts guided wildlife photography tours in India and Africa. He is active member of Orange City Photographers Club – Nagpur and mentors "Kids Photography Summer Camp" since last fifteen years.

He has been a recipient of many National and International Photography awards in the past. He was ambassador for Sony Cameras and mentor for Nikon School of Photography.

His initial compulsion of maintaining the clinical photography records to practice as an Orthodontist ultimately turned into a hobby and passion for nature and wildlife photography. Dr. Matrishva firmly believes he will not want to do anything the hard way if the easy way is just as good; but will never do it the easy way if the hard way does it better.

Matrishva's transformation as a photographer was not because of his passion, but a compulsion of maintaining the clinical records. He studied, practiced, and learnt the science and art of photography while he was indulged in his practice of orthodontics since 1997. It was paramount for him to finish the treatment perfectly and shoot perfect post treatment photos so that he can use them for scientific publications and clinical presentations. This initial "compulsion" of maintaining the clinical photography records ultimately turned into a hobby and passion for nature and wildlife photography. Being a resident of Tiger Capital of India, the Orange city – Nagpur, it was a natural outcome.

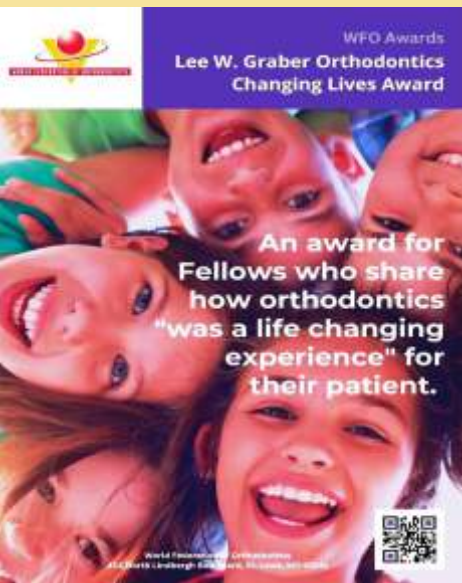
He also realised that photography makes one more observant and receptive to what is going on in a particular case. A simple act of taking a photograph forces you to look more closely at the clinical condition and thus you begin to see those things which other clinicians might miss because

they may be blinded by familiarity; and this leads to greater appreciation of clinical situation.

He has authored a book 'Clinical Photography in Dentistry' (ISBN no. 978-81-8448-427-4) Jaypee Medical Publisher, New Delhi. 1st edition, 2008. He also has an online course on Clinical Photography on Udemy platform and can be enrolled using this link: <https://www.udemy.com/course/learn-clinical-photography-in-dentistry/?referralCode=7D834C1AE7BE8D79A770>



Lee W. Graber “Orthodontics Changing Lives” Award



Indian Orthodontic Society rejoices in the distinguished recognition conferred to Dr Puneet Batra (President Elect – IOS) and Dr. Prabhat Kumar Chaudhari as they were honoured with prestigious Lee W. Graber “Orthodontics Changing Lives” Award. This award acknowledges their unwavering commitment to transform the lives of numerous patients, which has set new standards and inspired others to strive for greatness. Your accomplishments reflect the highest ideals of our organization and serve as a beacon of excellence for all.

Dr. Jayesh S. Rahalkar (President – IOS) and Dr. Sanjay Labh (Hony. Secretary – IOS) are delighted by the prestigious recognition and accolades awarded to our esteemed members of the Indian Orthodontic Society by the World Federations of Orthodontists announced at the AAO, New Orleans, LA. This year's W.F.O. awards, announced on World Orthodontic Health Day (WOHD) honoured the excellence, innovation, and dedication of orthodontic professionals worldwide, with Indian orthodontists standing out prominently. As we congratulate the winners, we highlight their remarkable work and its impact on advancing orthodontic care and education.

Congratulations to the winners of the T.M. Graber Outstanding Article Award 2024



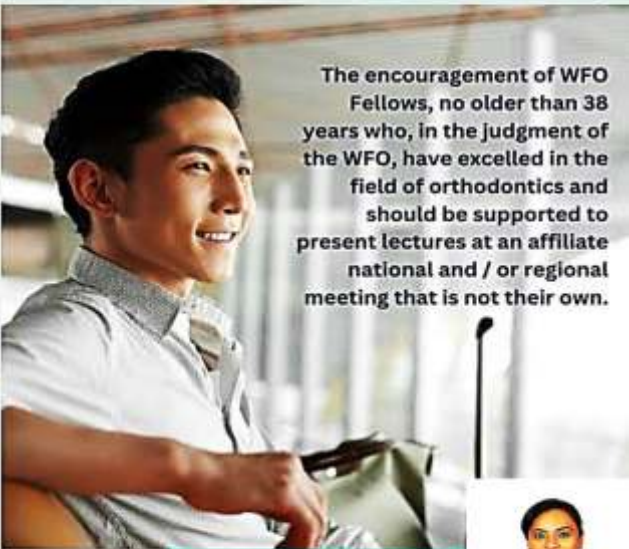
T.M. Graber Outstanding Article Award (Article published in the J.W.F.O.)

Our warmest congratulations to our esteemed IOS members Dr. Hasini Gopal, Dr. Surya Kanta Das, Dr. Ashish Kumar Barik, Dr. Mitali Mishra & Dr. Sunil Rath. This award is a testament to the high standards and impactful work being done by Indian orthodontic professionals worldwide.

Award Winning Article Title: Gopal H, Das SK, Barik AK, Mishra M, Rath SK, Samal R, Sharma G. Success rate of infrazygomatic crest mini-implants used for en-masse retraction of maxillary anterior teeth in first premolar extraction cases: A three-dimensional comparative prospective clinical trial between adolescents and young adults. J World Fed Orthod. 2023 Oct;12(5):197-206. doi: 10.1016/j.ejwf.2023.06.001.

WFO Awards

Roberto Justus Young Speakers Travel Scholarship



The encouragement of WFO Fellows, no older than 38 years who, in the judgment of the WFO, have excelled in the field of orthodontics and should be supported to present lectures at an affiliate national and / or regional meeting that is not their own.



The WFO has initiated a travel award of up to 1000 USD per awardee as well as a plaque in honor of receipt of this recognition.



Roberto Justus “Rising Star” Travel Scholarship

It is with great pride and enthusiasm that IOS congratulates Dr. Srengalakshmi Muthuswamy Pandian as the distinguished winner of the Roberto Justus “Rising Star” Travel Scholarship. This esteemed award recognizes emerging talent and provides exceptional opportunities for young professionals to further their careers through international exposure and learning.

Allan R. Thom W.F.O. Art Competition Award

Miss Veda Grewal (11 years), daughter of our very own, Dr. Stutee Bali Grewal has been honoured with the prestigious Allan R. Thom W.F.O. Art Competition Award. IOS celebrates this exceptional talent and creativity in the field of art.

The Indian Orthodontic Society extends their heartfelt congratulations to all the winners. We look forward to seeing your continued success and exceptional influence in the field of orthodontics.

15 May 2023

World Orthodontic Health Day

Dr. Allan R. Thom Art Competition & Award



WORLDWIDE ORTHODONTIC ART COMPETITION

Share your orthodontic journey with your art in any medium

Three age groups for patients under 12 • age 12 to 17 • over 18



Winners in each age group will receive a certificate, plaque and prize. See your orthodontist or scan the code for details.

ORTHODONTICS CDE EVENTS

Comprehensive Surgical Orthodontics

(Hosted by: Bapuji Dental College, Davangere)

Comprehensive C.D.E. Program on Surgical Orthodontics with Hands - on surgical prediction was conducted in the Department of Orthodontics and Dentofacial Orthopedics, Bapuji Dental College and Hospital, Davangere on 22nd and 23rd of April 2024. The registrations began at 8:00 a.m. A total of seventy delegates attended the programme. The program started with a lecture about a brief introduction of Surgical Orthodontics given by Dr. Sharath Kumar. The lecture also shed light upon the history and evolution of Surgical Orthodontics.

This was followed by a lecture on “Diagnosis & Treatment planning in surgical cases” presented by Dr. Kiran Kumar. The lecture highlighted the importance of recording case history and diagnosing the etiology of the skeletal and dental malocclusion and most importantly the treatment planning in surgical cases.

Dr. Prashantha G.S. sir gave a lecture on the “Skeletal Discrepancies and the Natural Compensations” that occur as a result. The lecture highlighted on the identification of the natural compensations that will be seen in the dentition in severe skeletal discrepancies and its necessity of decompensation prior to orthognathic surgery. The inaugural ceremony followed these lectures. The Chief Guest of the program, Dr. Nandeeshwar D.B. sir, Principal and Guest of Honor, Dr. Ashok L sir, Vice Principal - BDCH, Davangere were welcomed by the Organizing Chairman Dr. Kiran Kumar H.C., Head of the Department of Orthodontics, BDCH - Davangere.

Dr. Vasudha, followed by lighting the lamp ceremony, started the inaugural ceremony with an invocation song. During the inauguration program, the chief guests, organizing chairman and organizing secretary, released the recent edition of the “Surgical Course Manual”. Following this, Dr. Akshai Shetty delivered a lecture on “Surgery first approach”. The lecture began with a detailed explanation on basics such as Pitch, Roll and Yaw and its importance in surgical cases. Sir emphasized the benefits and the indications for the surgery first approach by displaying his own cases.

A lecture on “Pre surgical orthodontics” was delivered by Dr. Kiran Kumar sir, which gave an insight on the orthodontic corrections done prior to orthognathic surgery i.e. orthodontic decompensation or reverse orthodontics.

Dr. Kirthi Kumar delivered a lecture on “Surgical procedures” done in surgical orthodontics. The lecture had shed light on various surgical procedures such as vertical





ramus osteotomy, Le Fort osteotomy, Bilateral Sagittal Split Osteotomy, etc. He also delivered a lecture on the “Adjunctive surgical procedures” that are performed along with surgical orthodontics. At the end of first day, surgical manuals were distributed to all the delegates.



Day Two of the Event



Dr. Prashantha G.S. explained the “Post-surgical orthodontic procedures” followed by the “Finishing and detailing” in orthognathic surgical cases.

A lecture was delivered by Dr. Kiran Kumar on the topic “Learning from mistakes”. Past surgical cases from the Department of Orthodontics, BDCH was discussed in the lecture explaining about the mistakes done and the importance of learning from these mistakes

while treating surgical cases in the future.

Prior to the Hands - on session, Dr. Kiran Kumar delivered a lecture on “Manual and software surgical prediction”.

The final session was the Hands - on surgical prediction by Dr. Kiran Kumar sir. The staff members - Dr. Bharat, Dr. Ashwath, Dr. Jayanthi, Dr. Chahak and the third year postgraduates, Dr. Tanhaz, Dr. Basim, Dr.

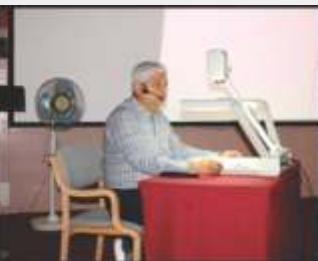


Vasudha, Dr. Shuchita, Dr. Sinchan and Dr.Chirag also guided the session. Various cases of Genioplasty, mandibular advancement and Bi jaw surgery were done for S.T.O. for which tracing sheets and the templates were delivered to the delegates.

The day ended with a high tea being served for all the delegates. The delegates also shared a positive feedback on the wonderful experience they had in

the Department of Orthodontics.

Prior to the Hands - on session, Dr. Kiran Kumar delivered a lecture on “Manual and software surgical prediction”.



The final session was the Hands - on surgical prediction by Dr. Kiran Kumar sir. The staff members - Dr. Bharat, Dr. Ashwath, Dr. Jayanthi, Dr. Chahak and the third year postgraduates, Dr. Tanhaz, Dr. Basim, Dr. Vasudha, Dr. Shuchita, Dr. Sinchan and Dr.Chirag also guided the session. Various cases of Genioplasty, mandibular advancement and Bi jaw surgery were done for S.T.O. for which tracing sheets and the templates were delivered to the delegates.

The day ended with a high tea being served for all the delegates. The delegates also shared a positive feedback on the wonderful experience they had in the Department of Orthodontics.

Management Of Discrepancies

(A.B. SHETTY DENTAL COLLEGE, MANGALORE)

Department of Orthodontics and Dentofacial Orthopaedics, A.B. Shetty Memorial Institute of Dental Sciences (Mangalore) conducted a single day CDE program on the topic "Management of Vertical and Transverse Discrepancies".

Prof. Dr. Jayesh S. Rahalkar (President, Indian Orthodontic Society) was the resource person. It was very well appreciated by more than 130 delegates comprising faculty members, private practitioners and post graduate students of several colleges.





CLINICAL ENRICH (Madras Orthodontic Study Group)



Madras Orthodontic Study Group organized a clinical enrich program on “Obstructive Sleep Apnea – Understanding the Role of Ortho-

Surgical Interventions” for the members of Indian Orthodontic society on May 12th, 2024. It was a privilege to have our esteemed President - Dr. Jayesh Rahalkar, Hony. Secretary - Dr. Sanjay Labh, Vice President - Dr. Edeinton Arumugam and other senior members of MOSG.

Obstructive sleep apnoea has taken limelight in the recent times as a life style disease to recon with. It is yet another condition with significant functional impact that is amenable to orthodontic and surgical management when the indications are right. The scope of this lecture was to decipher the clinical indications and plan treatment for this condition with the right blend of ortho-surgical intervention.

We had outstanding session by Dr. P. Anantanarayanan, Professor in the Department of Oral & Maxillofacial surgery at Meenakshi Academy of Higher Education and Research, Chennai. The session was moderated by yet another Luminary Dr. Ratna Parameswaran, Professor, Department of Orthodontics at Meenakshi Academy of Higher Education and Research, Chennai.

The webinar was well attended by more than two hundred participants across the country.

INDIAN ORTHODONTIC SOCIETY

Clinical Enrich

ios

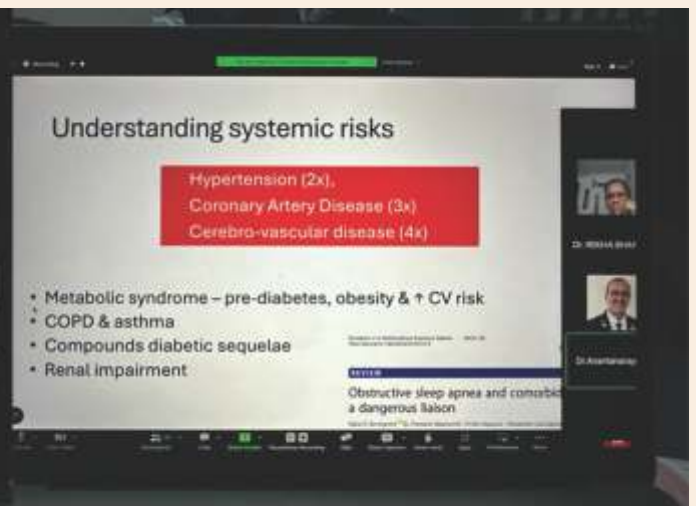
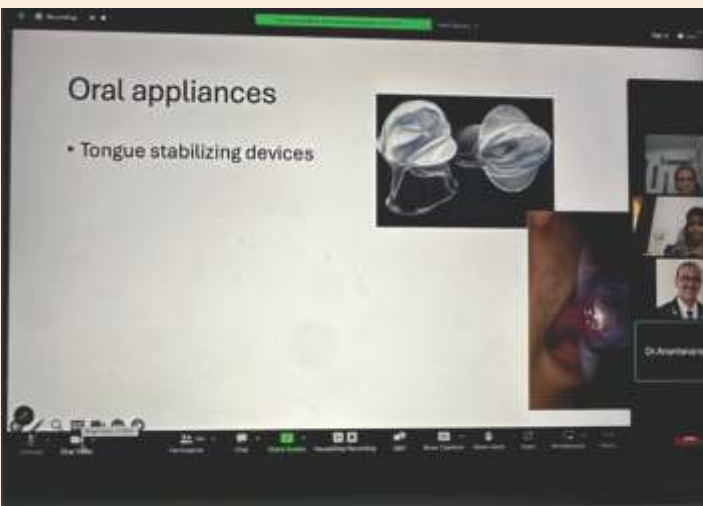
MOSG

**OBSTRUCTIVE SLEEP APNEA
-UNDERSTANDING THE ROLE OF
ORTHO-SURGICAL INTERVENTIONS**

Speaker: Dr. P. Anantanarayanan
MDS, DNB, MNAMS, FICS, MFDSRCPSCGlas, FDSRCSed, FFDRCSI
* Professor in the Department of Oral & Maxillofacial Surgery at Meenakshi Academy of Higher Education and Research, Chennai.
* Special Interests Computer Assisted Surgery and Guided Surgery, Craniofacial and Dento-Facial Deformities, TMJ Surgery and Orbital Surgery.

Moderator: Dr. Ratna Parameswaran MDS.
Professor, Meenakshi Ammal Dental College, Chennai.

Date : 12th May 2024, Sunday
Timings : 6.00pm – 8.00pm
Through Zoom Platform



Magic of Myofunctional Appliances

(Hosted By: Rishiraj College of Dental Sciences & OSGOB)

Department of Orthodontics and Dentofacial Orthopaedics, Rishiraj College of Dental Sciences and Research Centre - Bhopal, in association with Indian Orthodontic Society (IOS) and Orthodontic Study Group of Bhopal (OSGOB), conducted a Continuing Dental Education (CDE) Program titled 'Magic of Myofunctional Appliances – Which and When' on the 3rd of May, 2024. Six D.C.I. CDE Points were accredited for the program by the State Dental Council.



The program was conducted with an aim of refreshing academic concepts related to principles of myofunctional appliances in Clinical Orthodontics.



Dr. Sridevi Padmanabhan from Chennai was invited as the eminent speaker. She happily agreed and graced the occasion with comprehensive lectures and clinical demonstration on bite registration for myofunctional appliances in the auditorium of the institute.

The program started with a quick welcome of the speaker, HODs, senior private practitioners including Dr. Yogesh Gupta, Dr. Trilok Shrivastava, Dr. Rahul Rochani, Dr. Heeralal Chakotiya and all other teaching staff of all departments of the institution. It was followed by comprehensive lectures on principles of Myofunctional Appliances in clinical Orthodontics by the speaker, who provided

insights into contemporary principles and recent advances of Myofunctional Appliances. Dr. Sridevi also helped the audience refresh their concepts regarding which appliance to be advocated in which clinical situation.

It was followed by lunch and after that the clinical demonstration of bite registration in a potential myofunctional case was conducted. The key highlight of the program was the inclusion of E-posters on Myofunctional Appliances by post graduate students. They were judged by two senior private practitioners, who are also senior members of Orthodontic Study Group of Bhopal (OSGOB) - Dr. Heeralal Chakotiya and Dr. Rahul Rochani and awards were distributed to the prize winners.

The lectures and the demonstration were attended by seventy participants, including senior private practitioners, HODs and post graduate students of Department of Orthodontics of Mansarovar Dental College, People's College of Dental Sciences and Research Centre, People's Dental Academy, RKDF Dental College and Rishiraj College of Dental Sciences and Research Centre, Bhopal. Everyone participated actively, with the speaker eagerly responding to certain questions and doubts by the audience.

The program was concluded by vote of thanks and the speaker was presented with a sapling, memento and certificate as a token of appreciation and acknowledgement.



UPCOMING PROGRAMS



INDIAN ORTHODONTIC SOCIETY
AND

DEPARTMENT OF ORTHODONTICS

I.T.S DENTAL COLLEGE, GHAZIABAD



Present
**IOS ZONAL
PG CONVENTION**

Aligning Perspectives,
Advancing Orthodontics

21st - 23rd JUNE 2024

CONVENTION FEATURES

- Pre Conference courses
- Lectures by renowned faculty
- Paper/poster presentations with session winners
- Cultural Activities
- Quiz



**VENUE: I.T.S DENTAL COLLEGE,
DELHI-MEERUT ROAD, GHAZIABAD**

ORGANIZING COMMITTEE MEMBERS

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ORGANIZING CHAIRPERSON	DR. PAYAL SHARMA Professor and Head, Dept of Orthodontics 9212708451
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SCIENTIFIC COMMITTEE	DR. DIVYA SHETTY Professor, Dept of Orthodontics 9758683634 DR. SHUBHANGI JAIN Reader, Dept of Orthodontics 9868991306
TREASURER	DR. BHUPENDER SINGH Senior Lecturer, Dept of Orthodontics 7817913953
HOSPITALITY AND REGISTRATION	DR. PRAKASH VS Senior Lecturer, Dept of Orthodontics 8171162909 DR. AYUSHI NAGAR Senior Lecturer, Dept of Orthodontics 9540744371

REGISTRATION FEES

	Till 10th April 2024	11th April- 15th June 2024	Spot Registration*
STUDENT LIFE MEMBERS	4720/-	5900/-	7080/-
LIFE MEMBERS	5900/-	7080/-	8260/-

All prices are including GST

*Spot registration will be 16th June Onwards

MODE OF PAYMENT

Account Name :	ITS Centre for Dental Studies & Research
Bank Name :	Canara Bank
Branch :	Muradnagar
Current Account No. :	93133070000275
IFSC Code :	CNRB0012435

Scan the QR code
for UPI payment

ITS CENTRE FOR DENTAL STUDIES RESEARCH



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Scan the QR code
to fill the registration form



<https://forms.gle/qja66qGQy2xgrKns5g>

Please fill the registration form after payment to ensure payment verification

Department of Orthodontics & Dentofacial Orthopedics
Bapuji Dental College & Hospital, Davanagere

Accredited by NAAC with 'A' Grade | An ISO Certified Institution

&

Indian Orthodontic Society

Presents



National Integrated Typodont Workshop South Zone - 2024

Date : 27th, 28th & 29th June 2024

Venue : Course Hall, 3rd Floor, B.D.C.H., Davanagere.

Supported by

Orthoalumni | BACE | KOSG | BOSG





Organizing Committee

◆◆◆ Chief Patrons ◆◆◆

Dr. Shamanur Shivashankarappa

MLA Davanagere South

*Hon. Secretary, Bapuji Educational Association,
Chairman, BEA's Dental Colleges*

Sri S. S. Mallikarjun

MLA Davanagere North

*Minister of Mines and Geology & Horticulture
Government of Karnataka.*

◆◆◆ Patrons ◆◆◆

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Principal, B.D.C.H.

Dr. Ashok L.

Vice Principal, B.D.C.H.

◆◆◆ Principal Advisor ◆◆◆

Dr. K. Sadashiva Shetty

President, Orthoalumni, Bapuji Dental College & Hospital, Davanagere.

◆◆◆ Organizing Chairman ◆◆◆

Dr. Kiran Kumar H. C.

Professor & H.O.D.

◆◆◆ Organizing Secretary ◆◆◆

Dr. Sharath Kumar N. S.

Professor

◆◆◆ Joint Organizing Secretary ◆◆◆

Dr. Bharat Krishnan C. K.

Lecturer

Dr. Sinchan V. Kumar

Dr. Basim P. B.

Dr. Ananthu S. Nair

Dr. Sneha P.

◆◆◆ Treasurer ◆◆◆

Dr. Kiran Kumar H. C.

Professor & H.O.D.



National Integrated Typodont Workshop South Zone

June 27th - 29th 2024

Registration Fees

	Till 15 th May	16 th - 31 st May	1 st - 15 th June	Spot Registration
Student Life Members (SLM)	3,500/-	4,000/-	4,500/-	6,000/-
Life Members (LM)	4,000/-	4,500/-	5,000/-	7,000/-

Registration Fee Includes

- ▶ Entry to the scientific presentation.
- ▶ Breakfast, working lunch & refreshments for all 3 days.
- ▶ Course manual & material for the exercises.

Scan & Pay



Scan for Registration



Note : No cancellation / No refund



www.iosweb.net
Rational Ethical Clinical Excellence
2023-'24

INDIAN ORTHODONTIC SOCIETY

IN ASSOCIATION WITH



**BUDDHA INSTITUTE OF DENTAL
SCIENCES & HOSPITAL**

Cleft Lip & Palate and Craniofacial Anomalies

**WORKSHOP ON
NASO-ALVEOLAR MOULDING**



5th & 6th July 2024

Interdisciplinary approach for PGs of all departments

**EVERY
Smile
HAS A STORY**

ORGANISED BY:

**DEPT OF ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS,
BUDDHA INSTITUTE OF DENTAL SCIENCES AND HOSPITAL,
PATNA**

IN SUPPORT : POSG

VENUE :

Dr. R.P. Singh Memorial Auditorium

Buddha Institute of Dental Sciences & Hospital, Patna , BIHAR

ORGANISING TEAM



Dr. (Prof.) Amesh Kr. Golwara
Organizing Chairman



Dr. (Prof.) Rajeev Lall
Patron



Dr. (Prof.) Neal Bharat Kedia
Organizing Secretary



Dr. (Prof.) K.H. Sudheer
Co-Organizing Secretary



Dr. (Prof.) Rashi Chauhan
Scientific Convenor



Dr. Anjali Koul
Scientific Co-Convenor



Dr. Shovendu Jha
Registration



Dr. Gunjan Kedia
Transportation Co-Convenor



Dr. Pallavi Kusum
Registration Co-Convenor



Dr. Richa Shree
Treasurer



Dr. (Maj.) Amit Kumar
Hospitality & Transportation

Buddha Institute of Dental Sciences & Hospital

Patna

On behalf of team Buddha Institute of Dental Sciences & Hospital Patna, it gives the great pleasure to invite and present two days clinical enrich program of Indian Orthodontic Society on "Cleft Lip & Palate and Craniofacial Anomalies" 5th - 6th July 2024.

Workshops will be on recent trends in Alveolar Moulding and arch expansion by and expert Orthodontists.

We promise that the participants will go back home with a lot of clinical knowledge. Our registration is open and we welcome you all to Patna to two days of Scientific Extravaganza.

Dr. (Prof.) Amesh Kr. Golwara
Organizing Chairman

REGISTRATION CHARGES - FOR LECTURES & WORKSHOP

	1st March to 30th April	1st May to 3rd July	Spot Registration
Delegates (SLM)	Rs 4000/-	Rs 4500/-	Rs 5000/-
Delegates (LM)	Rs 4500/-	Rs 5000/-	Rs 5500/-

• All the charges mentioned above are Including GST

- Registration charges include 2 days lectures, workshop, lunch, certificate & gifts
(Workshop is only for Indian Orthodontic Society members)

REGISTRATION CHARGES FOR POST GRADUATE & FACULTY OF OTHER DEPARTMENT

Faculty of Other Dept.	Rs 3500/-
Post Graduate of Other Dept.	Rs 2500/-

- Registration charges include 2 days lecture , Lunch , certificate and gift

MODE OF PAYMENT

Cash/ATM Deposit / NEFT/ Debit Card Trasfer

DETAILS OF BANK TRANSFER:

Account Name : Dentomed
 Account Number : 63390100002351
 Name of Bank : Bank of Baroda
 IFSC Code : BARBODBPBUD (FIFTH LETTER IS ZERO)
 Branch Name : Buddha Dental Hospital Branch



Special Note: Kindly Send the details of Cash/ATM Deposit/NEFT/Debit Card Transfer via whatsapp or email to the Underlying contact

“Rational Ethical Clinical Excellence!!” 2023-‘24



Calendar of Events from September 2023 to September 2024



22.	IBO Phase II (Written Examination)	28 th January 2024	Sunday	Virtual	Dr. Rajaganesh Gautam Dr. Mala Ram Manohar	9890389945 9895105683	ibosecretary@iosweb.net
23.	IOS PG convention	8 th to 11 th February 2024	Thursday to Sunday	Mumbai	Dr. Shailesh Shenava	9820211581	drsailshs@yahoo.co.in
24.	3 rd EC Meeting	11 th February 2024	Sunday	Mumbai	Dr. Shailesh Shenava	9820211581	drsailshs@yahoo.co.in
25.	Aligner Master Class	16 th February 2024	Friday	Virtual	Academic Council Dr. Ajay Kubavat	98241	kubavatajay@gmail.com
26.	Digital Orthodontics Symposium	29 th February, 1 st March 2024	Thursday, Friday	Kolhapur	Dr. Amir Shaikh	9422613939	amirshaikhortho@gmail.com
27.	Orthodontic Premier League	8 th , 9 th March 2024	Friday, Saturday	Dharwad	Dr. Roopak Naik	9449028869	roopakorthod@gmail.com
28.	JIOS Chronicles Webinar	15 th March 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
29.	Third Invisible Orthodontic Symposium	16 th , 17 th March 2024	Saturday, Sunday	Chennai	Dr. Kannan Sabapathy	9840453666	kannanace@gmail.com
30.	IOS Wild life and Clinical photography Workshop – National	22 nd , 23 rd , 24 th March 2024	Friday to Sunday	Kabini	Dr. Raghunandan Chundri	9845187614	draghucvl@yahoo.com
31.	Clinical Grandeur - IOS Symposium on Clinical Case Report and online IBO Awareness Program	28 th , 29 th March 2024	Thursday, Friday	Virtual	Dr. Suryakant Das Dr. Rajaganesh Gautam	9861099237 9890389945	orthosuryakantadas@gmail.com rajaganeshgautam@yahoo.co.in
32.	20 th Mid-Year Convention	7 th April to 14 th April 2024	Sunday to Sunday	Destination will be soon disclosed	Dr. Gaurav Gupta	9860467872	drguravg@gmail.com
33.	Bond with Best – Clinical Enrich	19 th , 20 th April 2024	Friday, Saturday	Pune	Dr. Rajaganesh Gautam	9890389945	rajaganeshgautam@yahoo.co.in
34.	4 th EC Meeting	21 st April 2024	Sunday	Pune	Dr. Anand Tripathi Dr. Gaurav Gupta	9422560650 9860467872	anand.tripathi86@gmail.com drguravg@gmail.com
35.	IOS Friday Rendezvous	26 th April 2024	Friday	Virtual	Academic Council Dr. Sonahita Agarwal	8948254744	drsonahita@gmail.com
36.	IOS contingent at AAO 2024 Global Indian Orthodontists Get Together	3 rd to 6 th May 2024		New Orleans, Louisiana	Dr. Jayesh S Rahalkar Dr. NikhileshVaid	9822056681 9820644222	jayeshrahalkar@gmail.com orthonik@gmail.com
37.	World Orthodontic Health Day National Orthodontic Diagnostic Drive	15 th May 2024	Wednesday	Pan India	Head Office Study Groups Orthodontic departments in Dental Colleges all over the country Pan India		
38.	Aligner Masterclass	17 th May 2024	Friday	Virtual	Academic Council Dr. Jitendra Bhagchandani	9839289804	jitendrabhagchandani@rockemail.com
39.	National Integrated Typodont Workshop – North Zone	29 th , 30 th , 31 st May 2024	Wednesday, Thursday, Friday	Noida	Dr. Anshul Singla	9871455802	dr.anshul@yahoo.co.in
40.	Zonal PG Convention – South Zone	3 rd , 4 th and 5 th June 2024	Monday, Tuesday, Wednesday	Malappuram, Kerala	Dr. Sam Paul	8921406622	info@exodusdental.com
41.	JIOS Chronicles Webinar	14 th June 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
42.	Zonal PG Convention – North Zone	21 st , 22 nd , 23 rd June 2024	Friday, Saturday, Sunday	Muradnagar, Ghaziabad	Dr. Payal Sharma	9212708451	drpsharma25@yahoo.com
43.	National Integrated Typodont Workshop – South Zone	27 th to 29 th June 2024	Thursday to Saturday	Davangere	Dr. Kiran Kumar	9886040122	kiranortho77@gmail.com

44.	ROAR	3 rd July 2024	Wednesday	Virtual	Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
45.	IOS National Cleft Workshop	5 th , 6 th July 2024	Friday, Saturday	Patna	Dr. Amesh Golwara	9931633001	drameshgolwara@yahoo.com
46.	National Integrated Typodont Workshop – East Zone	10 th , 11 th , 12 th July 2024	Wednesday, Thursday, Friday	Vizag	Dr. Srikrishna Chalasani	9849477777	orthodontist7@gmail.com
47.	5 th EC Meeting	14 th July 2024	Sunday	Delhi	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
48.	IOS Friday Rendezvous	19 th July 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
49.	National Integrated Typodont Workshop – West Zone	24 th , 25 th , 26 th July 2024	Wednesday, Thursday, Friday	Baroda	Dr. Kalpesh Patel Dr. Pranav Chandarana	9898107502 8866204757	drchandarana@gmail.com
50.	4 th Innovation Conclave & Crafting Research Symposium	8 th , 9 th August 2024	Friday, Saturday	Hybrid	Dr. Hameet Kaur Dr. Priyanka Kapoor	9871467002 9891914997	dr.harneetkaur@gmail.com pkapoor@jmi.ac.in
51.	IOS Wild life and Clinical photography Workshop – International	11 th to 17 th August 2024	Sunday to Saturday	Madikwe, South Africa	Dr. Matrishwa Vyas	9890220648	matrishva@gmail.com
52.	Independence Day	15 th August 2024	Online	Virtual			
53.	Aligner Master Class	16 th August 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
54.	IOS Chronicles – JIOS Symposium	22 nd , 23 rd August 2024	Thursday, Friday	Chennai	JIOS Committee Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
55.	Pre – Conference Courses	18 th September 2024	Wednesday	Bengaluru	Dr. Silju Mathew Dr. Anup Belludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
56.	CDIBO	19 th September 2024	Thursday	Bengaluru	Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
57.	EOGM	19 th September 2024	Thursday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570 9826550696	sanjaylabh@gmail.com jointsecretary@iosweb.net
58.	6 th EC Meeting	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
59.	Study Group Conveners' Conclave	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
60.	58 th IOC	20 th to 22 nd September 2024		Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
61.	AGM	21 st September 2024	Saturday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570	sanjaylabh@gmail.com
62.	Valedictory Function	22 nd September 2024	Saturday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com